

HEALTHY LIVING HEALTHY PLANET

natural awakenings® magazine

natural awakenings in the top ten

Natural Awakenings Magazine is ranked 5th in Cision's® 2016 Top 10 Health & Fitness Magazines list.

Spry Living – 8,907,303

Shape – 2,521,203

Men's Health – 1,852,715

Prevention – 1,539,872

Natural Awakenings – 1,536,365

Women's Health – 1,511,791

Weight Watchers Magazine – 1,126,168

Dr. Oz The Good Life – 870,524

Vim & Vigor – 789,000

Experience Life – 700,000

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*Natural Awakenings recently received the prestigious FBR50 Franchise Satisfaction Award from Franchise Business Review.

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